

Suggestions for Remediating Cognitive Foundation Skills

Cognitive Foundational Skill	Suggestions for Remediation
<p>Focused Perception <i>vs.</i> Sweeping Percepton</p>	<ul style="list-style-type: none"> • Redirect through verbal focusing. • Follow the text with your finger when you read it to student. • Have student follow your finger with their finger. • Have student follow the text with their finger. • Visually cue student where to look by pointing. • Give verbal cues: “Look here”; “Listen carefully now”; “This is important.”
<p>Systematic Exploration <i>vs.</i> Implusive Exploration</p>	<ul style="list-style-type: none"> • Use picture books such as “Where is Waldo” or “I spy”. Cover up a large part of the page and have student start searching at the top with their finger following the rows from left to right. • Follow the text with your finger when you read it to student. • Have student follow your finger with their finger. • Visually cue student where to look by pointing. • Give verbal cues: “Look here”; “Listen carefully now”; “This is important.”
<p>Corrrect Orientation in Space <i>vs.</i> Poor Orientation in Space</p>	<ul style="list-style-type: none"> • Encourage student to accurately describe objects in their environment. This will benefit spatial perception. • Teach the concepts of right and left. One way to do this is to give student’s right or left hand a little squeeze every time you say the word “right” or “left.” Make sure you give the tactile stimulus on only one side and do it consistently. • Use the words “right” or “left” every time student has to make a turn in that direction.
<p>Can follow complete instructions with multiple components <i>vs.</i> Cannot take more than 2 pieces of information into account</p>	<ul style="list-style-type: none"> • Break down instructions into smaller parts. • Check with student to make sure they understand what is required. • Teach them how to break down larger chunks of information into smaller parts. • Speak slowly and clearly and occasionally pause very briefly when giving instructions. This will give them time to process what they hear. • Have student repeat the instructions rather indicate with head nodding that they understands what is required.
<p>Accounts for all available information when solving a problem <i>vs.</i> Incomplete data gathering</p>	<ul style="list-style-type: none"> • Ask child “What do you see in this picture?” then help him/her to look and talk about all the objects in the picture. • Help child focus and understand what the task is about by pointing (visual cue) at the appropriate information. • Refocus child with questions such as: <ol style="list-style-type: none"> 1) “What else do you see” 2) “Look here, what is that?” 3) “I also see a bunny, can you find it?” 4) “Let’s check to see if we really saw everything.”

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<p>Can recognize what needs to be done when presented with a problem <i>vs.</i> Unable to recognize problem</p>	<ul style="list-style-type: none"> • Ask questions such as: “What do you think we need to do here?”; “How shall we go about doing that?” • Teach the student what to look for when a problem is presented by consistently having him/ her answer the questions: <ol style="list-style-type: none"> 1) “What do I need to do here?” 2) “What information do I need to be able to do it?” 3) “Where in this problem can I find the information?” • Teach the student “self-talk” in order to make the self-questioning an automatic process.
<p>Can recognize what the relevant information needed to solve a problem <i>vs.</i> Does not attend to relevant information</p>	<ul style="list-style-type: none"> • Visually cue where to look by pointing at the appropriate information. Have students start tasks with the question: “What do I need to do here?” • When doing a task, focus their attention by pointing and giving short verbal instructions such as: “Look here,” “This is the same as,” “Look, here is the bunny,” and “This is a story about a cat. Can you find the cat in the picture?” • Make eye contact when explaining something to the student to ensure they attend and follow your instructions. • Use a highlighter to mark certain letters, numbers, or words you want to attend to. • Break down tasks into smaller, manageable portions to enhance student's task completion. Consider covering up part of the page to avoid overwhelming them.
<p>Can reflect and think before responding <i>vs.</i> Impulsivity</p>	<ul style="list-style-type: none"> • • Teach students to think before responding. Have them take a deep breath and focus on the answer. • • Model this behaviour a few times and teach them a little “mantra” such as “Just a minute, let me think.” • • Play games like “Simon Says,” “Red Light-Green Light,” and “Statue” to regulate impulsive behaviour. • • Utilize the “brain chart” to discuss “impulsive mouth and hands.”